



## People are like...Trees

### Opening Question:

What trees did you like to climb as a kid? Did you ever fall out of a tree?

### Read Genesis 1.

In the message, Pastor David shared a pattern of understanding the 6 days of Genesis where days 1-3 are connected to days 4-6.

- Had you ever seen this before?
- Does it change the way you understand the Genesis 1 at all?
- What was the key connection Pastor David was drawing out for our series on Trees?

### Read Psalm 1.

Take a few minutes and read the Psalm carefully again. What observations do you have? What questions come to mind?

Verses 1-2 say: Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night.

- There are 3 descriptors of what the 'blessed one' doesn't do. What are they and what do each one of them mean? Give an example of each behavior from everyday life.
- There are 2 positive behaviors of the 'blessed one' described in verse 2. What are they? What does these looks like in everyday life?

Have you ever experienced a shift in your understanding of how we experience happiness?

What does happiness look like for you when you are going through a tough time?

What kinds of thing make you the most unhappy?

### Application:

The main takeaway from Psalm 1 given in the message was that if we want to live a blessed, happy life we need to be next to God, connecting to God in his word and way.

Taking an inventory of your faith practice, where do you think your next step is in becoming like the Psalm 1 tree? Or, is there a practice that has especially helped you be like the Psalm 1 tree?

### Prayer

- Share praises and prayer requests with one another.

Guided prayer: God, give us wisdom from the tree planted by streams of water. Where we are planted well, root us deeper. Where we need to be transplanted, move our hearts and help us to see the way. Let us flourish and grow more and more in you and in your word. Amen.